## Healing Meals Awarded \$2,500!



Mission: Provide healthy, organic meals to people in a health crisis while fostering compassion and empowering youth and adult volunteers in our communities.

Healing Meals Community Project has been awarded a grant of \$2,500, to support the Healthy Meals for Farmington Neighbors program to help provide vital nutrition to local clients who cannot provide meals for themselves and their families due to a serious illness.cycle. Founded in 2016, Their current program provides meals for a threemonth period enabling clients to enjoy delicious, nutrient-rich meals without the work or stress of buying and preparing meals. That period is also the amount of time needed to support their client's health when it is most compromised, when their appetite is lacking yet their need for nutrient-rich food is great.

