## For All Ages Awarded \$5,920!



Mission: For All Ages is dedicated to connecting the generations and inspiring action to end loneliness, reduce ageism, and improve mental, physical, and social health.

## **Program Funded:**

For All Ages has been awarded a grant of \$5,920 to support the Farmington Social Connections Program to support the spring conversation series as well as additional community social connection events throughout 2025. The Farmington Social Connections Project will 1) educate 100+ Farmington residents of all ages about the detrimental health impacts of loneliness and the mental and physical health benefits of social connection; (2) reduce the stigma associated with loneliness; and (3) inspire community groups of Farmington residents to design and implement their own projects/events aimed at socially connecting an additional 300+ residents in 2025 and to continue to offer events into the future.

